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THE DAILY AZTEC

San Diego State University's Independent Student Newspaper since 1913

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WE WANT PEACE

Peace has evolved into a trend. Why can't we promote peace all the time?

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TODAY @ SDSU

Cecilia String Quartet

Noon, Smith Recital Hall

This week's noon concert series from the School of Music and Dance features four talented musicians from Canada who are recipients of the Joseph Fisch and Joyce Axelrod String Quartet residency at SDSU.

For more of today's headlines, visit:
www.thedailyaztec.com

TODAY'S WEATHER

Partly cloudy
High: 58°F
Low: 39°F

TOMORROW

Mostly sunny
High: 63°F
Low: 42°F

FRIDAY

Partly cloudy
High: 62°F
Low: 46°F

TODAY'S SURF

2-4 ft., Occasional 5 ft.; Fair conditions
WATER TEMP: 56°-58°F
TIDES: 2:31 a.m., 4.39 ft. high
11:00 a.m., 1.18 ft. low
3:38 a.m., 4.49 ft. high
12:02 p.m., 0.66 ft. low

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FOOD & DRINK

A BEER-BATTERED BLOOM

Assistant Photo Editor David J. Olender *offers up this view of the tantalizing Onion Pale Ale Battered Rings from the downtown restaurant, The Neighborhood. Read the review on page 5.*

Students attacked at Zura

Wendy Fry
STAFF WRITER

Students at San Diego State's residence hall community are paying extra attention to their surroundings after two assaults at the Zura Residence Hall in four days.

Wayne Lamont Swingler, a 33-year-old male transient, was arrested on suspicion of sexually assaulting a female student in the Zura residence hall at 7:19 a.m. on Friday, University Police Lt. Lamine Secka said.

After a friend of the victim reported the attack to police, employees spotted the suspect fleeing the building. Police then chased Swingler into an alley off Montezuma Road, where he was apprehended and booked for charges of sexual battery and kidnapping, among others.

"The false imprisonment charge is because he held the victim against the wall and the kidnapping charge was added because he dragged her down the hallway," Secka said.

> "The doors (at Zura) are locked and all security measures are in place. Anyone coming in must show their ID."
>
> *—Lt. Lamine Secka, University Police*

Police are still investigating how Swingler entered the building.

"The doors (at Zura) are locked and all the security measures are in place," Secka said. "Anyone coming into the building is required to show their ID at the front desk."

Police said the victim's friend originally reported the attack because the victim was too upset to speak.

Swingler pled not guilty yesterday at his court appearance and bail was set at $150,000. He was also ordered to not have any contact with the victim.

Police were again called to Zura on Monday night to respond to another assault.

That incident occurred at about 11:30 p.m. on the eighth floor foyer. Police said a male attacker grabbed a female's neck and began to choke her. When another woman walked in on the attack, the suspect ran down a stairwell and was able to escape.

The suspect is described as a light-skinned male, about 6 feet to 6 feet, 2 inches tall, wearing a black sweater or hoodie and blue jeans and sneakers.

—Assistant City Editor Mike Menninger contributed to this report.

Students to present research at symposium

Alanna Berman
STAFF WRITER

About 250 graduate and undergraduate students are expected to showcase their work as part of San Diego State's first Student Research Symposium in Aztec Center on Feb. 29 and March 1.

"The symposium will provide a public forum to showcase SDSU student research, scholarship, and creative activities," said Camille Nebeker, director of the Division of Research Affairs.

Participants will deliver presentations to a panel of faculty and community members in their discipline for two days. At the end of the symposium, a luncheon and award ceremony will be held.

Ten President's Awards worth $500 and two Dean's Awards worth $250 will be given to students with the winning oral presentations from each college represented. Additionally, President's Award winners will go on to represent SDSU at the all-California State University Student Research Competition in May. While SDSU was recently named the number one small research university for the second consecutive year, Nebeker said the University Research Council's Student Research Committee began planning this event about a year ago.

"There wasn't really a public forum that allowed all SDSU students to present their research, scholarship, or creative activities," Nebeker said.

Currently, there are department events for students to showcase their work, but this is the first time that the entire university community will gather to share student research contributions.

"The symposium provides a venue to share academic excellence and cutting edge discovery with our greater SDSU campus and select guests of the community," Nebeker said.

All SDSU students, including those who graduated in Spring 2007, are eligible to apply, and can do so online. Organizers hope the symposium will bring notoriety to the school and surrounding community.

CAMPUS CRIME

Cab driver attacked nea

A cab driver reported that he was attacked after a fare dispute on Fraternity Row at 12:23 a.m. on Sunday at 55th Street, University Police Lt. Lamine Secka said.

Police said the suspect ran from the cab after a confrontation over the fare. After reportedly chasing the suspect, the cab driver caught him and was then attacked and punched in the face by the suspect, described to be a white male adult with brown hair.

Secka said the cab driver told police that the suspect ran behind Cox Arena, looped around Fraternity Row and then ran into one of the fraternity houses.

"The cab driver thought the suspect ran into the Kappa Sigma fraternity house but he was unsure," Secka said.

Police were unable to locate the suspect but are currently investigating the attack.

—Compiled by Staff Writer Wendy Fry

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SABRINA NORRIS-TURIN

Peace trend deteriorates its meaning

Tomorrow, as all of you are walking to class (or my personal favorite, while you're sitting on a bench people-watching) take note of people wearing peace signs.

Everyone is all about peace right now – apparently it's "in."

During this past holiday, I encountered so many peace signs that I thought I was in the 1960s. Peace is a trend. Just like when kids wore Skechers and Jellies, and, for those of us unfortunate enough to experience them, fanny packs. These trends came and went incredibly fast, just as fast as society got us to respond to them.

The truth is we're all guilty of following trends. Sadly, I was the kid in junior high school who was finally cool enough to wear certain clothes only by the time they became uncool. We've all found ourselves being mindless robots at least once, listening to society drone on about what's "cool" and what's not. The strangest trends become unhealthy obsessions because society says they're "in."

Well, hippies are currently *in*.

Pop culture is currently encapsulating "hippism" in fashion, but because of that the meaning of peace is slowly deteriorating. Sure, the general stereotype of a hippie in the '60s had long hair, laid in the grass smoking ridiculous amounts of pot and acted wildly promiscuous. That's how our culture looks back on them, but that isn't why they were hippies.

The lifestyle stemmed from a cultural ideal that was prevalent during a time when young people were pushed by society to think and act a certain way. It was a response to conformity; a rebellion to prove the importance of individuality.

The very symbol of nonconformity is now marked, ironically, by conformity itself.

The question everyone needs to ask is, "Why is peace a fad *now*?"

We should *always* be promoting peace.

I'm not, by any means, saying that anyone who wears a peace sign is being hypocritical. The real issue is that as a nation, have lost sight of the meaning behind the idea of "peace."

This idea closely resembles an encounter I had a few weeks ago while I was driving. I was stopped at a red light next to a flashy red Hummer that had a sticker on the bumper that said something along the lines of "Stop polluting." Besides being incredibly ironic, this really shows how powerful a trend can be.

With everything going on in the world today, people forget what it means to live in peace. The idea is extremely passionate and meaningful in its hope for a mutual understanding of unresolved relationships and issues between many cultures, tribes and nations in the world. It's a worldly goal that every person is united by or seeks to be united by.

> "The very symbol of nonconformity is now marked, ironically, by conformity itself. Why is peace a fad *now*?"

Peace isn't what's being screamed by antiwar protestors. It isn't the fad that is taking over our school. Peace isn't something that will ever really be obtained for good. It's not like that – it's not tangible. It would be great if it was, because the world would be much more beautiful.

Peace is instead an idea. An idea that only means love. Love for other cultures, other races and people different than us. Peace is knowledge, happiness and freedom. Those aren't naïve ideas. It's sad when people think those things are naïve and can't be achieved. If we all lived our lives trying to achieve knowledge, happiness and freedom, what else would we need?

So many people in war-torn and impoverished nations never live in peace. Their physical struggle to survive on a daily basis is matched by an inner struggle of their own spirituality.

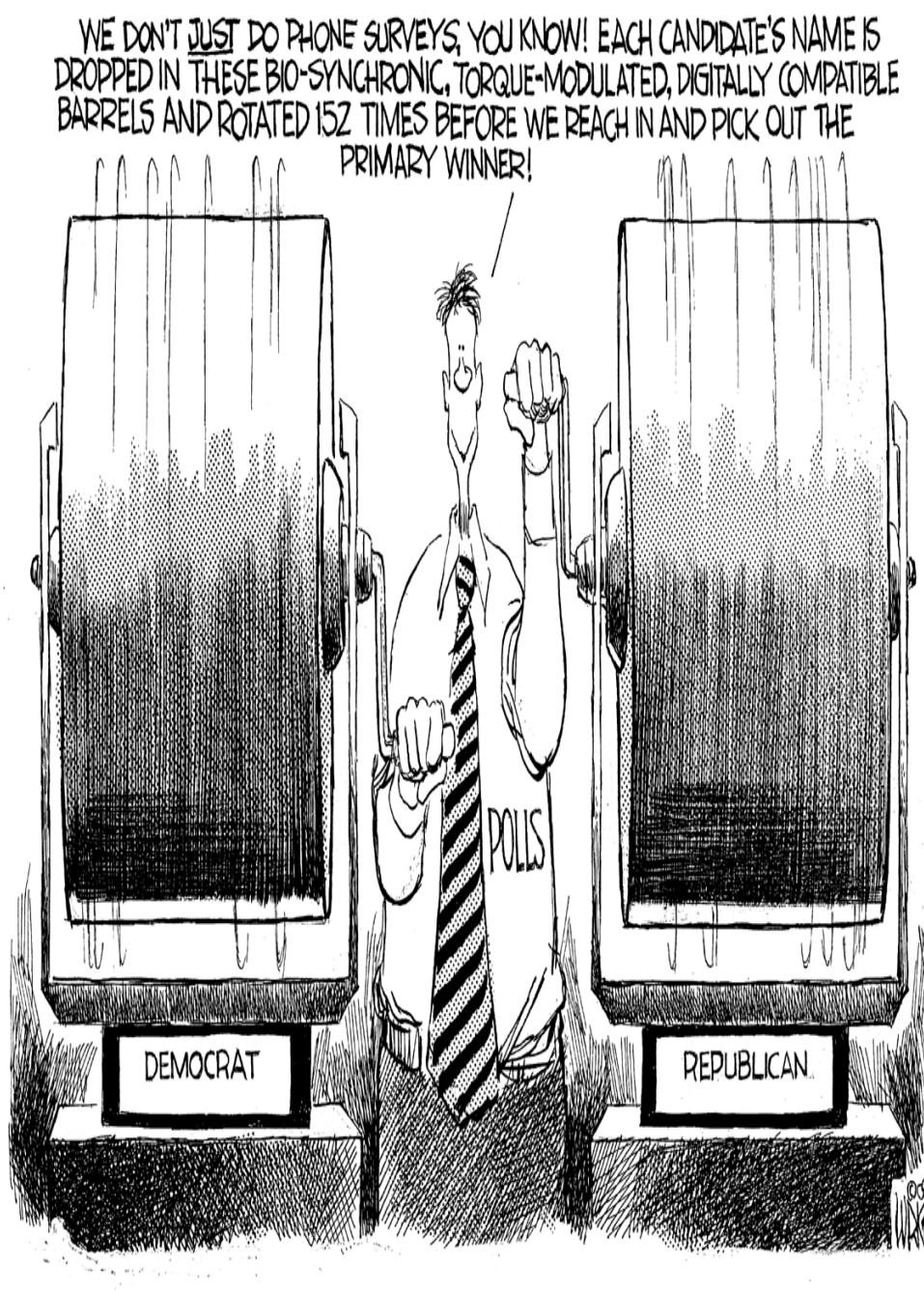
After all is said and done, we're extremely lucky to live in a place where the chance for success is at our fingertips. The very nature of democracy keeps the United States at a peace that does not reach certain places on the globe.

Now that I think about it, maybe the whole peace sign trend is a good thing. Maybe it will make people realize something – make them think about how important peace is.

Unlike Tamagotchis, I hope peace doesn't suddenly become uncool. Hippies must work to keep peace as more than a trend.

–Sabrina Norris-Turin is a pre-journalism and Spanish sophomore.

–This column does not necessarily reflect the opinion of The Daily Aztec. *Send e-mail to* letters@thedailyaztec.com. *Anonymous letters will not be printed – include your full name, major and year in school.*



The State of Mind section of *The Daily Aztec* is currently accepting applications for columnists. If you enjoy voicing your opinion about politics and social issues and have prior writing experience, apply today.

www.thedailyaztec.com

JOHN P. GAMBOA

Sin taxes give the market a bad rap

Sin taxes are nothing new to the United States. Basically, sin taxes are fees added to non-luxury goods that the government deems detrimental to its people.

Generally, the excises are levied upon products such as cigarettes and alcohol. However, two states, New Mexico and Wisconsin, are attempting to put a similar tax on video games, TVs and electronics.

New Mexico's "Leave No Child Inside" campaign aims to use the tax to get kids outside and visit the natural splendors of the "Land of Enchantment." New Mexico also plans to spend the money on outdoor educational programs.

The idea behind the plan is admirable, but will it work? At best, this plan is lazy. At worst, it's completely ridiculous.

People who don't play video games often have misconceptions about the games and their content and, as a result, pass them off as child's play. Games are now at the level of storytelling typical of a Hollywood film, offering more than many people imagine.

The Entertainment Software Association reports the average game player is 33 years old, not the much imagined middle school child. Similar studies show that games people buy and play are not all adaptations of "Hannah Montana." If this proposed bill hopes to gain speed by thinking it is helping kids, it needs to focus on taxing something more kids than adults would use.

New Mexico's proposal, which is not the first of its kind, is aimed more at curbing child obesity and bringing them outdoors. Obesity is a problem that needs to be dealt with everywhere, but taxing of electronics and video games is misguided.

The rationale behind the proposal is that although 80 percent of children in New Mexico live within 30 minutes of a state park, only 10 percent have ever visited one. The Sierra Club, the bill's major third-party supporter in New Mexico, believes that video games are connected to poor school performance and obesity in children.

As result, supporting a video game excise tax will help curb child obesity and low test scores by discouraging children – who don't even make up gaming's main demographic – from playing video games. While this is supposed to make things better for everyone, the pieces don't really fit.

If New Mexico's children have a problem exercising and seeing their beautiful state parks, state lawmakers must look at the state's parents. Parents are the ones who raise kids, not video games and TV. And if these two supposed vices do indeed raise kids, lawmakers must get parents active enough to ensure their kids are getting outside and seeing the state parks. Taxing games and new TVs isn't going to fix bad parenting. If New Mexico wants to find a way to get their kids outdoors, it needs to find a different way of doing so, as the current plans are aimed in the wrong direction.

If New Mexico taxes vehicles with low gas-mileage ratings instead, to encourage walking and alternate forms of transportation, children could have a chance to get out instead of being driven around by their parents, and the state would get money for outdoor education.

New Mexico and Wisconsin are trying to create sin taxes to place the blame from social problems elsewhere. However good the intentions are, such a lazy tax will not do the job and will simply result in more money that is needlessly lost by people. Taxing something that has been proven dangerous for years, like cigarettes, is in the better interest of the people and will result in more much-needed revenue for each state.

–John P. Gamboa is a journalism junior.

–This column does not necessarily reflect the opinion of The Daily Aztec. *Send e-mail to* letters@thedailyaztec.com. *Anonymous letters will not be printed – include your full name, major and year in school.*

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3 LOCATIONS NEAR SDSU

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6171 Mission Gorge Rd. (HWY 8 - 2 exits West of College Ave. & 3 blocks in)

A delicious addition to the 'neighborhood'

JESSICA NAPIER
FEATURES EDITOR

There's a chic burger joint downtown that was inspired by Cantonese characters and the word "neighborhood" at a dumpling restaurant in Hong Kong. Ironic because the hamburger is an American staple.

However, Neighborhood restaurant is an ideal place to enjoy a gourmet burger, a local beer or a glass of wine. Located on G Street, closer to the ballpark, the area removes you from the madness that you usually find Downtown.

Owners Sam Wasserman and Arsalun Tafazoli opened the restaurant after witnessing a few friends from law school become dissatisfied with their lives even though they were making a lot of money.

After traveling, studying philosophers such as Friedrich Nietzsche and reading about life satisfaction ratings, Tafazoli, 26, said he was excited to start a neighborhood restaurant in San Diego.

"Small things have a larger impact over an extended period of time," Tafazoli said. "Things like a good conversation, good food and an awesome beer."

And Neighborhood really is perfect for a good conversation. The low lights, modern tableware and unique décor make it cozy enough for friends to enjoy a casual meal, but still very classy.

There's a large tiled photo of San Diego's skyline, which takes up the whole back wall. And there's an interesting – and large – painting of Sigmund Freud holding a hamburger, dominating the atmosphere in the restaurant. If you're a sports fan, there's a plasma TV behind the bar.

Neighborhood has almost 30 beers on tap, including many San Diego breweries such as Ballast Point, Karl Strauss and Stone. It has Happy Hour from 4 to 7 p.m. Monday through Friday, featuring a different local microbrew each night.

Although the setting is more like a bar, the menu has much more than finger food. The Steak Tartare is a nice appetizer: ground beef, onions, capers, tomatoes and cheese. It offers a selection of gourmet burgers, including the Neighborhood burger, which is covered in delicious caramelized onions, peppered greens and cheese.

The menu is small but there are items beside fries and burgers. There are a few salads and a variety of appetizers and vegetarian dishes. Most items cost $9 - $11, but the average meal price is cheaper than other downtown locations.

Best of all, the restaurant lays claim to its name. It's a quaint place to enjoy a meal and drink with a friend.

"We're putting emphasis on little things," said Tafazoli. "It's really a beautiful thing to me."

–Neighborhood is located on 777 G St., San Diego, CA 92101.

David J. Olender / Assistant Photo Editor

This modern downtown restaurant is an ideal place to enjoy a gourmet burger. Located on G Street, closer to the ballpark, the area removes you from downtown madness.

David J. Olender / Assistant Photo Editor

The Neighborhood restaurant offers a variety of salads, appetizer and burgers. It has almost 30 beers on tap, including a selection from San Diego breweries.

Losing the pounds, keeping the resolution

JUSTIN WEISBROD
STAFF WRITER

Malcolm X once said, "The future belongs to those that prepare for it today."

Just like the holiday break, most New Year's resolutions are already a thing of the past. This is no surprise, because it generally takes a full 30 days to make or break a habit and without a detailed plan, success is far from attainable.

Many people say they want to lose weight, eat healthier and exercise, but unless you've made it a part of your lifestyle, success is going to be limited. The key ingredient to your achievement is staying motivated. It's time to stop thinking and start doing.

"From here on out I'm going to live life more deliberately. Going to live with a purpose," said international business senior Kyle Short about his New Year's resolution.

In this case, living deliberately means making your own food. It's healthier, more economical and you can learn something. It will eventually be as effortless as a fast food drive-thru and the more often you cook for yourself the quicker you'll be at it. It all starts with desire.

The skinny on food types

We know vegetables are good for us, and we probably don't eat our five servings every day. Five should be considered a minimum and there really is no limit. The more you eat, however, the more you'll be processing and much of the vitamins will be passed through your urine. Some vitamins have toxicity levels, so try to eat between five and nine servings a day and skip the multivitamin.

"But I hate broccoli; cauliflower is gross; and I'm sick of spinach," you say.

Guess what? Most grocery stores have more than 20 types of fresh veggies and it's time for you to try something new. Use the Internet to find recipes involving vegetables for snacks, sides with meals or even as meals themselves.

A half-cup of cooked spinach has twice the amount of fiber as one serving of Whole Grain Wheat Thins. Think that's impressive? One-half cup of blackberries contains four times the amount as Kraft's tasty cheese. Lesson learned: Steer clear of processed foods and read the facts on the labels.

Grab each loaf of bread, each box of crackers and each bag of chips and look for fiber. It's rich in omega-3 fatty acids, cleans out your digestive tract, speeds up your metabolism and helps control hunger. You're looking for 2 to 7g of fiber per serving with a goal of 30g spread over the day. Remember, vegetables can also be high in fiber.

The combinations of foods you can prepare at home are endless, and you now have a base to build your food knowledge.

Picking apart the drinks

But what about beverages? Water. Drink it all day long. Save money by purchasing a refillable 5-gallon (or smaller) jug. At 35 cents a gallon (128 ounces) versus $1 for 16 ounces, how can you not? Get a good reusable bottle to cut waste and save cash as well. Sports drinks should only be consumed during rigorous exercise. The load of carbohydrates is equivalent to that of a drinking a soda. Swap the energy drinks for antioxidant rich coffee and tea.

Locate a juice bar that can make you a fresh-pressed vegetable juice. Many juice bars have some tasty concoctions, others not so palate friendly. Most canned vegetable juices have high amounts of sodium, and bottled fruit juices have too much sugar. When in doubt, read the labels and ingredients.

Working to achieve

Resolutions aside, use a system to create success. There are hundreds of ways of mapping out your goals, your plans and your dreams, so write out a plan. Here's one of the simplest methods out there. It's called the **SMART** system.

Ben Stein once said, "The first step to getting the things you want out of life is this: Decide what you want." This brings us to the first step in the five tier process.

Be **S**pecific. Ask yourself: How much? If your resolution is to type faster, how fast? "I want to be able to type 100 words per minute."

Make it **M**easurable. It makes the specificity of your goal traceable. "I want to run faster" is better said with a measurement. Try "I want to increase my 6 minute mile by 30 seconds."

Achievability. Saying that you want to get promoted to the president of the company you work for by the end of the year may not be achievable unless you're already the vice president or of a similar ranking.

Be **R**ealistic. Although I believe nothing is impossible, setting a goal to hike Mount Everest this year with no prior training or knowledge of the sport isn't going to happen. Not to mention the $60,000 price tag. Set your sights on Yosemite or start even smaller with Mission Trails Regional Park just five miles from San Diego State.

Time is of the essence. There are 11 months left in the year to create new habits and kick the old ones. Giving yourself time frames will help with the success of all your aspirations.

Remember that there are only 24 hours in a day. Make every minute count and be sure to get eight hours of sleep. This year can be a turning point for your future and you may accomplish something you never thought you could the SMART way. Go after it!

MCT Campus

Many people say they want to lose weight, eat healthier and exercise, but unless you've made it a part of your lifestyle, success is going to be limited. The key ingredient to your achievement is staying motivated. It's time to stop thinking and start doing.

10 TIPS FOR SUCCESS

- Use a calendar to track results.
- Find a computer program or Web site.
- Put memos and program daily reminders in your phone.
- Use your network.
- Buy a day planner.
- Stay organized with a filing cabinet.
- Listen to motivational audio books and speeches.
- Keep updating your goals.
- Surround yourself with like minded people.
- Do it now.

MEN'S BASKETBALL

SDSU wins in dramatic fashion at CSU

Aztecs get back on track thanks to Wade's three-pointer

ERIC SHANNON
SPORTS EDITOR

The San Diego State men's basketball team must be feeling like a broken record.

SDSU keeps getting stuck in the same spot: a tough conference game, the chance to win it at the end and the inevitable missed three-pointer at the buzzer.

Fortunately for the Aztecs, they got back on track at just the right time.

AZTECS	83
RAMS	82

Finally singing the sweet song of success, SDSU squeaked out an 83-82 victory over Colorado State last night at Moby Arena in Fort Collins, Colo.

For the third consecutive game, the Aztecs held the ball with the chance to win or tie on their final possession. The previous two games resulted in three-point losses to BYU and UNLV. But against CSU, junior forward Lorrenzo Wade hit a three-pointer with 20 seconds to play to win the game.

"He's so relaxed, like he's done that before," junior center/forward Ryan Amoroso said to XTRA 1360's Ted Leitner.

While SDSU hung on for the victory, they almost got burned from behind the arc for the second straight game. Despite coming in shooting 34 percent from three-point range, the Rams knocked down 14 of 25 shots from downtown. Just three days earlier, UNLV, who is last in the Mountain West Conference at shooting three-pointers, made 10 of 21 against the Aztecs.

"On a couple of (CSU's three-pointers) we did not have very good defense, but on the bulk of them I thought we were there," head coach Steve Fisher said to Leitner. "They did a good job to create opportunities for threes, and to their credit, they made them."

CSU guard Marcus Walker could not be stopped from the outside. With a team-high 26 points, Walker connected on five-of-seven shots from behind the arc.

SDSU, meanwhile, hit just four of 16 three-pointers.

The Aztecs (15-6, 5-2 in MWC play) did plenty of scoring in the post, however. They dominated in the middle, scoring 46 points in the paint while outrebounding the Rams 46-26. SDSU also grabbed 16 offensive rebounds that led to 16 second-chance points.

Amoroso, who seems to be looking more and more comfortable on the offensive end, did the most damage inside. He led the Aztecs with 23 points and 11 rebounds, his first double-double with SDSU.

"Ryan did a great job of battling on the glass," Fisher said. "He's big and strong and he used that strength to move people and get the ball."

But Amoroso wasn't the only one registering double-digit point and rebound totals. Freshman forward Billy White finished with 18 points and 10 boards for his first-career double-double while Wade's 17 points and 10 rebounds gave him his second in three games.

"Billy is growing as an offensive player," Fisher said. "He's turning into more than just an offensive rebound and putback guy."

Although a win is a win, the close victory comes against a team that has really struggled. The Rams (6-14, 0-6) have lost seven straight, including an overtime loss to Division III Oklahoma Panhandle State.

But Fisher still knows anything can happen on any given day in this conference.

"That's what this league's about; there's not a whole lot separating any of us," he said. "We need to get better as a basketball team, but it sure will feel a whole lot better getting on that plane with a one-point victory rather than a one-point defeat."

BEHIND THE NUMBERS

1	SDSU double-doubles before last night's victory
3	Aztec double-doubles against CSU
11	Blocks freshman forward Billy White had before last night
4	Blocks White had against the rams
9.7	Steals per game in the Aztecs' first 15 contests
5.7	Steals per game in the last six contests, including just 3 against CSU

David J. Olender / Assistant Photo Editor

Junior forward Ryan Amoroso scored a team-high 23 points and 11 rebounds in San Diego State's nail-biting victory over Colorado State in Fort Collins, Colo.

David J. Olender / Assistant Photo Editor

Sophomore guard Jené Morris looks to have a repeat performance after scoring 35 points, including seven consecutive three-pointers, against UNLV last Saturday.

WOMEN'S BASKETBALL

Aztecs look to make it three in a row at home

In an up-and-down season, SDSU looks to gain stability against conference foe Colorado State

DAVID POPE
SENIOR STAFF WRITER

When the San Diego State women's basketball team takes the floor, seatbelts must be fastened.

Players must have all tray tables up and coaches need their seats in the upright and locked position.

Because after opening tip-off, no one knows how bumpy or smooth the ride might be.

When SDSU took off to start the season, they were flying high. Off to their best start in nearly a decade, the Aztecs owned a 9-1 record and stared down dreams of a championship.

Yet once SDSU inched closer to Mountain West Conference play, it hit a severe rough patch in the form of great teams. Losing six of their next seven games to the likes of No. 1 Connecticut (19-0) and No. 18 Wyoming (18-1, 6-0 in MWC play), the Aztecs struggled to stay in the air.

But as soon as SDSU faced an easier schedule, it gained speed. After dismantling BYU (9-8, 3-2) at home 62-39, the Aztecs continued to accelerate against UNLV (6-12, 2-3) at the Cox Pavilion in Las Vegas. With a career night from sophomore guard Jené Morris, who scored 35 points including seven consecutive baskets from three-point range, SDSU smashed the Lady Rebels 75-55 en route to their first two-game winning streak since early December.

The Aztecs (11-7, 2-4) now look to keep gaining momentum against a struggling Colorado State team on Wednesday night. The Rams (2-16, 0-5) come to Cox Arena having lost nine consecutive matches and sit alone in last place in the conference standings.

Yet if SDSU hopes to keep cruising, they will need to stop sophomore forward Juanise Cornell, one of the few bright spots for CSU this year.

Cornell is first on her team and third in the MWC with 135 total rebounds and has the second most steals of any other Ram this season with 18, trailing only sophomore forward Elle Queen's 19.

And with CSU's young duo looking to take the Aztecs air from underneath them, SDSU knows it must hang on to avoid another free fall down the standings.

AT A GLANCE

VS.

WHEN: 7 p.m., today

WHERE: Cox Arena

WHY TO WATCH: Sophomore guard Jené Morris will try to improve on her team-high 13.1 points per game against the Rams.

FOR SALE

Magic 92.5 Valentine's Love Jam. 2 Tickets. Fri, Feb 15th, 7:30pm. Floor section CCC. Call Bob (323)833-2823.

HELP WANTED

$$Bartend$$
Make F/T money for P/T work. am/pm/weekend classes. Job placement assistance. Call Bartending Academy 619-296-0600.

Activity Leaders Needed
for before and after school programs.
A fun rewarding job working with children and teens, ages 5-14. AM/PM hours available, M-F 15-25 hours per week. Min of 48 college units (or passing CAPE test) and min 6 months experience w/children. Pay rate at $9.86-$10.67 p/h.
E-mail careers@saysandiego.org or call
858-565-4148 x231
SAY San Diego.

Administrative assistant/La Jolla. Good computer skills, dependable, 10+ flexible hours/week, $10/hour. E-mail resume to Jcharo@pblhome.com

Catamaran crew. Mar 1 & 2. San Felpe, MEX. Pref under 130 lbs, no experience req. Shauna 760-208-4663. Needcrew@gmail.com. hobiedivision2.com.

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Healthy Females ages 18-30
Donate to infertile couples
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COMPENSATION $5,000.00-$8,000.00
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Call Reproductive Solutions
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HELP WANTED

Have you ever used stimulants like cocaine, meth, Adderall or Ritalin without a prescription? If so, you may be eligible to participate in a **UCSD Brain Imaging Study** and receive **$155** and a picture of your brain for complete participation. Call David at (858) 534-9441 for details.

JOB FAIR
Before and after school youth program
Tuesday, February 5, 2008
4 p.m. - 7 p.m.
See our ad under Activity Leaders. Please bring your
transcripts or CAPE test results, 3 references and be prepared for the interview.

PART TIME RECEPTIONIST NEEDED. CONVENIENT MISSION VALLEY LOCATION. HOURS ARE SATURDAY 9 A.M. TO 5 P.M. AND SUNDAY 10 A.M. TO 5 P.M. $8.50 PER HOUR. PLEASE CALL SUE WHISLER AT 619-224-4151.

San Diego's #1 hammock shop is hiring. Great pay, flexible part-time hours. Management and internship positions available. 619-234-8200.

Seeking P/T Staff – Ideal candidates required to handle heavy equipment, have clean DMV and valid drivers license. Experience w/ catering a plus. Must have open availability Fri/Sat/Sun 619-593-2296 9am-3pm.

Servers for catering company. P/T starting $10 per hour. Can work around school schedule on weekdays. Must be available Saturdays. Call Personal Touch Dining 619-593-2296 9am-3pm.

SWIM INSTRUCTORS $12-19/hr
Front Desk $10/hr. Monday-Friday
North County 760-744-7946.
San Diego 858-273-7946.

WIND SONG AT SEAPORT VILLAGE is hiring highly motivated, energetic college students. Fun hands on job on the waterfront. If you love to talk to new people call Samantha 619-234-8200.

Undercover Shoppers earn up to $70 per day. Undercover shoppers needed to judge retail and dining establishments EXP. Not RE. Call 800-722-4791.

HELP WANTED

UCSD BRAIN RESEARCH STUDY. **Looking for**: healthy MALE volunteers, ages 18-50 years, no major medical problems, no mental health problems, no alcohol or drug problems. Study drug and brain imaging using simple computer tasks is involved. Receive or get up to $700.**Call: HOURIK 858-729-4946.**

SERVICES

LIMO RIDE SPECIAL. $250 each way. Call for birthdays. Bar calls or anything else. 20 passenger, 2007 Hummer Stretch. Call 858-353-6398.

SURFBOARDS & more: Lost, Rusty, M10, INT & more starting at $360! Elyzium Surf & Skate in Vons shopping center @ corner of College & El Cajon Blvd. (619)265-2725 www.elyziumsurf.com

HOUSES 4 RENT

3bd/2ba, spotless, large yard. W/D, D/W, fridge, off street parking. $1800 no pets. 619-813-3113.

APTS 4 RENT

3 bedroom, 2 bath condo. One mile from SDSU. Walk to trolley. AC, W/D , DW, 2 parking spaces, clean, quiet complex. $1850/month. 858-337-5009.

One and two bedroom apartments starting at $745. Walking distance to SDSU. Please Call (619)582-1503.

ROOM 4 RENT

12x12 room in 3br/2ba HOUSE. Extra large bath! Walk to SDSU! 619-573-7782.

Studio apartment for rent. 3/4 mile to SDSU. Kitchenette, no stove. $595/month, includes utilities, internet. Bill 619-286-8449 Yogisurf@gmail.com

ROOM 4 RENT

Mount Helix, 2 bedrooms, shared bath, $575 each. Kitchen, laundry privileges and parking. Great for students, 10 minutes from SDSU, near Cuyamaca. Call after 8 a.m. before 10 p.m. 619-441-2830.

Private furnished room/bath, laundry facility, kitchen privileges, 2 blocks from SDSU/ALI. Available February 1st . $425 a month plus $350 deposit. Female only. David Grobman (619)286-8392.

Female. Private room for rent. 54th street. Jacuzzi. Move in any time. $500/month. 619-249-4322.

Free rent, utilities for part time companion for nice grandma. Own bedroom and bath, Hillcrest. emcelmury@charter.net

Walk to school! Room available now in big house. Washer and dryer, new kitchen and all utilities including high speed internet and cable. Contact 310-279-9181.

2 large bedrooms available/$600 each per month in a 5 bedroom/3 bath house. Washer/dryer, internet/cable, 5 blocks from SDSU, available 1/28/08. (619)985-9739/(619)410-5172.

ANNOUNCEMENTS

$$$ Egg Donors Needed. Highest compensation in the industry. Help childless couples while earning money for school. Looking for donors 18-27, special need for donors with unique characteristics (blue eyes, high IQ), as well as donors having Asian and Eastern European descent. E-mail perfectdonor@yahoo.com for details.

Ballroom and Latin Dance Club @ SDSU . Classes start January 31st. http://ballroom.sdsu.edu No partner needed!

TRAVEL

TAVARUA ISLAND: Openings on a private Fijian island. A surfer's paradise and a vacationer's dream. The island has it all. Join the Feb. 8th-15th trip. Price includes RT airfare from LAX, lodging, all meals, boat transfers, snorkeling, tennis, etc. $3,098.00 per adult. If interested, please contact raymondk@qualcomm.com or 619-890-3581.

ATTENTION STUDENTS/FACULTY/STAFF:

Did you know that you can run a 15 word classified ad for only $6.00 a day?!
For more information please call 594.4199

CLASSIFIED RATES

student/faculty/staff

RUN 1 TO 4 DAYS
$6.75 PER DAY
includes 15 words
and having ad online
additional words 25¢ each per day

RUN 5 OR MORE DAYS
$6.00 PER DAY
includes 15 words
and having ad online
additional words 25¢ each per day

non-student/open

RUN 1 TO 4 DAYS
$8.50 PER DAY
includes 15 words
and having ad online
additional words 25¢ each per day

RUN 5 OR MORE DAYS
$7.50 PER DAY
includes 15 words
and having ad online
additional words 25¢ each per day

Tennis Week

Monday, January 28 - **Thursday**, January 31, **5 - 9pm**

Free Tennis Shoes *while supplies last*

Free Instruction: Beginning Tu/Thu *6-7 pm*
Intermediate Tu/Thu *7-8 pm*

Open House: Open to both ARC Members
and non ARC Members

AZTEC RECREATION CENTER
ASSOCIATED STUDENTS/SDSU

619.594.tenS
arc.sdsu.edu/tennis

HUMOR

A solid try and solid fail

TANYA DRACOLAKIS
CONTRIBUTING COLUMNIST

You wake up in the morning and your pants barely button. You get ready to make fun of the fatty in the storefront window until you realize that's the shirt you put on this morning. It's the ultimate fat day.

I recently had one of those days and, unfortunately, I was at the gym when it hit me.

There I was, on the elliptical, working on my fitness, and I just couldn't take it anymore. After stretching and weighing in (another blow to my ego, might I add), I walk up to the information booth and ask them about personal trainers.

I hesitantly dial the number they give me. So as not to reveal his identity, I'll call the trainer Andy. Andy and I speak briefly and when he tells me his price per session, I feel the sudden urge to hang up on him.

I grin and bear it, and I tell him I'll have to think about it. Sensing my hesitance, he offers me a free trial session. Like any red-blooded American, my ears perk up at the word *free* and I ask him to tell me more.

Before you read the remainder of my story, let me explain my exercise habits. I consider wearing heels out on the weekends enough of a workout for me. I would rather binge and purge than flex and release. What was I thinking?

Cut to Friday. I enter the ARC and he's waiting for me.

"You must be Tanya," Andy smiles and stretches his perfectly-toned arm out to greet me.

"Yeahhh," I try to speak while still staring at the hulk-like appendage in my hand.

"I'm going to show you some routine moves that can be used for strength, endurance or flexibility," he said.

He seemed unaware of the terror in my face and led me to the half-pilates balls. Perhaps you have used them before, but let me tell you that they are as foreign to me as dental hygiene is to the United Kingdom.

Andy sets one on the mat for me: "Now, balance yourself on this ball and I'll start you with the basics."

Wow, usually when a guy says something like that to me, he has the decency to buy me dinner first.

I don't need to go into detail about my performance on that piece of equipment and my complete lack of abs.

On to the weight machines. Yes, some say that they look like torture devices and can be quite daunting, but I didn't want Andy to know that I was incredibly weak – and scared too. I sat down on that squishy red seat and braced myself.

Thankfully, my arms weren't as pathetic as my abs, which gave me a false sense of security for what was yet to come. My head got bigger and bigger with each rep I did on the tricep machine ... until lunges came along to ruin my day.

I stepped forward and down, forward and down. Evidently, I was doing so horribly that Andy interrupts me mid-lunge to fix my technique.

I took personal offense at this. Who does this guy think he is, Chuck Norris?

The rest of the workout continued as follows: new exercise, try but falter, be corrected and, hence offended. As nice as Andy was, he was just cutting deeper and deeper into my self-esteem.

Time to stretch it out. There Andy was, pulling my legs in various directions, putting me in a position that I imagine a piece of Ikea furniture would look like if assembled without instructions.

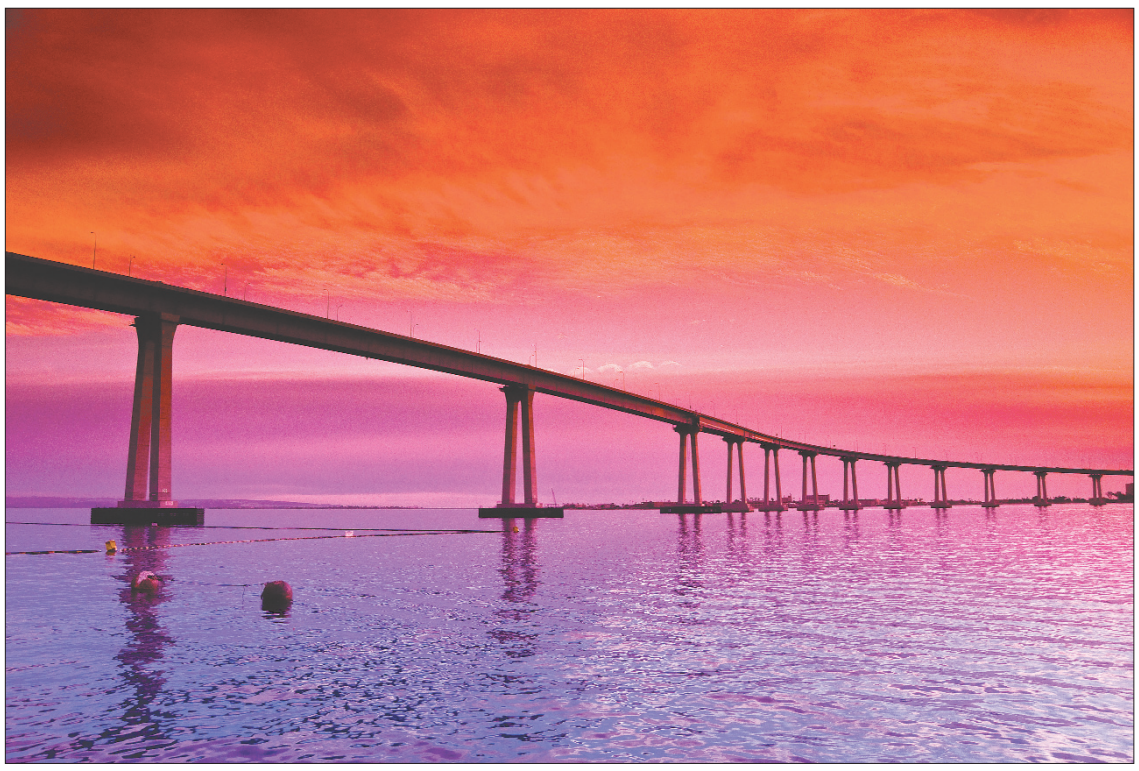
Then came my epiphany: This guy asks for so much money because his job entails correcting disgruntled fat people who are sweating miserably and then touching their disgusting gym clothes to stretch them out. So here I am, appreciative and sore.

Personal trainers of the world: If I could raise my arm, I would salute you!

–Tanya Dracolakis is a humanities sophomore.

–This column does not necessarily reflect the opinion of The Daily Aztec.

LOOKING THROUGH OUR LENS



FOUND

STAFF PHOTOGRAPHER STEVEN ROBLES *captured this serene moment of the San Diego-Coronado Bay Bridge. The bridge was opened in 1969 exclusively for motor-vehicle traffic.*

Do you have a nose for news?

Can you dig deeper into the issues affecting the San Diego State community?

The City section of *The Daily Aztec* is looking for motivated, news-minded writers. It's a great opportunity for journalism and English majors looking for newspaper experience.

To apply, pick up an application at our office in the basement of the Business Administration Building. Contact City Editor Kim Swain at (619)594-7782 for more information.

www.thedailyaztec.com

DAILY HOROSCOPE

BY LINDA C. BLACK, TRIBUNE MEDIA SERVICES

Wednesday, January 30, 2008

TODAY'S BIRTHDAY (1-30-08) Lean heavily on the past this year, in solving difficult puzzles. Your intuition is excellent, too. Trust your first impressions, and follow your hunches.

ARIES (March 21 - April 19) - Today is a 7 - Be careful what you say, even among your friends. Don't pass along a rumor, it's too likely to be false. During the next few weeks, check and double-check everything before publication.

TAURUS (April 20 - May 20) - Today is a 7 - You want to come to your partner's aid of course, but don't be hasty. In this situation, you might be in the way. Wait until your assistance is requested, before butting in.

GEMINI (May 21 - June 21) - Today is a 7 - Be careful with communications. Misunderstandings are prevalent. Even stuff you put in the mail is liable to get lost. Not a good day to travel.

CANCER (June 22 - July 22) - Today is an 8 - Your luck improves immensely if you don't talk about it. Don't gamble with your money now, or with your affection either. The less said, the better.

LEO (July 23 - Aug. 22) - Today is a 6 - Keep up with the regular chores, try not to get behind. The other questions you're pondering can wait a little while. Let somebody else work on them for you. Do the important small stuff.

VIRGO (Aug. 23 - Sept. 22) - Today is an 8 - You're learning a great deal, but you don't know everything yet. Do more research, even before you need it. Spend your time, and other people's time, wisely. They'll appreciate that.

LIBRA (Sept. 23 - Oct. 22) - Today is a 7 - Financial discussions bring up more questions than they do answers. Know this going in and you won't be disappointed. Make a list and then get busy filling in the blanks.

SCORPIO (Oct. 23 - Nov. 21) - Today is a 7 - Don't believe everything you hear. Check and double check rumors, especially if they're about family members. Take a "wait and see" attitude, and don't spread gossip.

SAGITTARIUS (Nov. 22 - Dec. 21) - Today is a 6 - It's hard to finish a task because you don't have enough information. If you can wait, this situation will clear up in a couple of days. If you can't wait, good luck.

CAPRICORN (Dec. 22 - Jan. 19) - Today is a 7 - Leave financial topics completely alone for a while. Telling people about your business now does more harm than good.

AQUARIUS (Jan. 20 - Feb. 18) - Today is a 6 - Don't talk back to the boss, even if you're right. Especially if you're right, actually. He or she's not in the mood to hear it. Talk it over with a loved one, instead.

PISCES (Feb. 19 - March 20) - Today is a 7 - Have what you want delivered. That'll be better than going after it. Travel is still not advised, due to delays and other complications. If you must go, start early.

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SUDOKU

BY MICHAEL MEPHAM

7	6					8		
	2	8	5			3	7	
			8			5		
	3		6		5			
				4				
			2		8		1	
		7			4			
	5	6			7	1	4	
		4					6	9

Level: 1 **2** 3 4

Instructions: Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit 1 to 9. For strategies on how to solve Sudoku, visit *www.sudoku.org.uk.*

Solution available online at www.TheDailyAztec.com

sponsored by SDSU Bookstore

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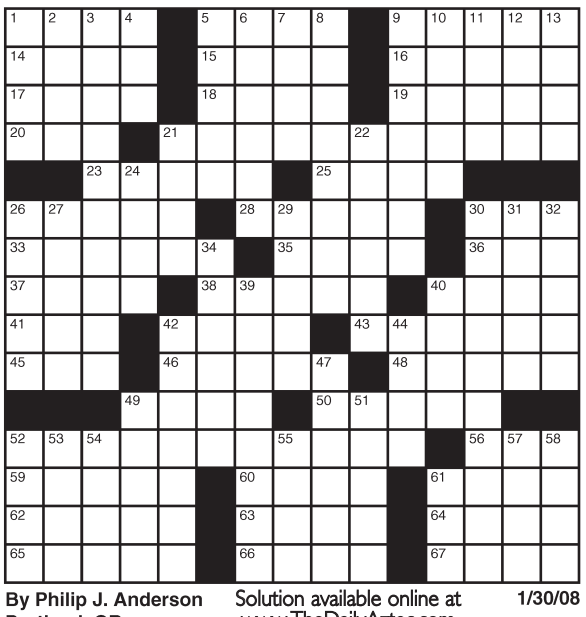
MacFest Jan. 29-31
www.sdsubookstore.com

CROSSWORD

EDITED BY WAYNE ROBERT WILLIAMS



By Philip J. Anderson
Portland, OR

Solution available online at www.TheDailyAztec.com

1/30/08

ACROSS
1 Dog food brand
5 Spurious imitation
9 Gawk
14 So-so
15 Sharpen
16 Piano adjuster
17 Pot starter
18 First sub-topic
19 Publicized Cuban refugee
20 Rodent pest
21 Place for band-leader Les?
23 Man the helm
25 Recondite
26 Glowing coal
28 Dutch genre painter
30 Thanksgiving vegetable
33 Grieves
35 Martial __
36 Corrida chant
37 Cross letters
38 Anabaptist sect
40 Havana's place
41 Relay race segment
42 Rug type
43 ERA word
45 Numerical ending
46 Louise and Turner
48 Money earned
49 1944 physics Nobelist
50 Verses
52 Place for singer Anita?
56 __ Mahal
59 Negotiator
60 Israel's airline
61 Threaten to cause yawns?
62 Photo finish
63 Japanese deer
64 Nocturnal birds
65 Daisy relative
66 Polanski film
67 Shoelace tie

DOWN
1 At great distance
2 Actress Turner
3 Place for actor Brad?
4 Valuable vein
5 Singer Dinah
6 Pays tribute to
7 From scratch
8 Snakes
9 Cat or Ray
10 Dutch flower
11 Indigo plant
12 Genuine
13 Sea eagle
21 Swiss capital
22 Be in turmoil
24 Actress Garr
26 Writer Zola
27 "Rouen Cathedral" painter
29 Subarctic forest
30 Place for pitcher Cy?
31 "Seascape" playwright
32 Alcoholic honey beverages
34 Indian colonialists
39 Apparent
40 Study intensively
42 Beginner
44 Dumbfounded
47 Gives one's address?
49 French income
51 Earthenware crocks
52 Crimson Tide, to fans
53 Turkish titles
54 Etta of the comics
55 Nastase of tennis
57 Singer Guthrie
58 Witticism
61 __ choy (Chinese vegetable)